# Health Matters











from the Kane County Health Department

— March 22, 2018 —

#### Trending Matters:



At this time of year, be alert to weather conditions that can change quickly. Look for the following danger signs:

- Dark, often greenish sky
- Large hail
- A large, dark, low-lying cloud (particularly if rotating)
- Loud roar, similar to a freight train
- If you see approaching storms or any of the danger signs, be prepared to take shelter immediately.

Current National Weather Service Watches, Warnings & Advisories for Northeast Illinios

# Rankings show where you live matters to your health

This year's County Health Rankings, announced March 14, places Kane County 7th out of the 102 counties in Illinois. This is an improvement from last year's 12th place. An easy-to-use snapshot comparing counties within states, the Rankings show that where you live influences how well and how long you live.

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

#### A Robert Wood Johnson Foundation program

The Kane County Health Department's Community Health Improvement Plan (CHIP) reflects the concept promoted by the rankings, that where we live, learn, work, and play matters to health, and many factors beyond medical care influence our health.

The CHIP lists Chronic Disease, Behavioral Health and Income and Education as its three top health priorities, all of which address the important factors that contribute to the overall health of our residents.

While the rankings have consistently demonstrated that Kane is one of the healthiest counties in the state, they also show that there remains much work to be done. By addressing these priorities we can achieve our vision of becoming the healthiest county in Illinois by 2030. For more information about the County Health Rankings, including this year's full report about Kane

County, and a history of our rankings back to 2010, please visit the County Health Rankings page on our web site <u>HERE</u>.

#### **National Public Health Week**

#### Healthiest Nation 2030: Changing our Future Together



During the first full week of April each year, (April 2-8, 2018), we celebrate National Public Health Week (NPHW). Presented by the American Public Health Association (APHA), the goal is to bring together communities across the United States to observe the week as a time to recognize the contributions of public health and highlight issues that are important to improving our nation. For over 20 years, APHA has served as the organizer of NPHW. We know that where we live, work, worship and play impacts each of use and can determine our health and how long we live.

APHA champions the health of all people and all communities, while working to strengthen the public health profession. Together, we are creating the healthiest nation in one generation. This year's theme is "Changing Our Future Together" with the goal of Creating the Healthiest Nation.

Each day of NPHW 2018 will focus on a different public health topic that's critical to creating the healthiest nation:

- Monday: Behavioral Health
- Tuesday: Communicable Diseases
- Wednesday: Environmental Health
- Thursday: Injury and Violence Prevention
- Friday: Ensuring the Right to Health

Join us in observing NPHW 2018 and become part of a growing movement to create the healthiest nation in one generation. During the week, we will celebrate the power of prevention, advocate for healthy and fair policies, share strategies for successful partnerships and champion the role of a strong public health system.

More information on National Public Health Week is available by clicking HERE.



# NIIW promotes benefits of vaccines April 21-28



### National Infant Immunization Week

## IMMUNIZATION. POWER TO PROTECT.

National Infant Immunization Week is an annual observance to promote the benefits of immunizations and to improve the health of children two years old or younger. Local and state health departments, national partners, healthcare professionals, and community leaders from across the U.S. and the Centers for Disease Control and Prevention (CDC) have worked together through NIIW to highlight the positive impact of vaccination on the lives of infants and children.

Several important milestones already have been reached in controlling vaccine-preventable diseases among infants worldwide. Vaccines have drastically reduced infant death and disability caused by preventable diseases in the United States.



Get more info from the Bee Wize line at 866-BEEWIZE (866) 233-9493. Visit the Immunization page on the KCHD Web site HERE.

According to the CDC, immunizations can protect infants and children from 14 vaccine-preventable diseases before age two. In addition:

- In the 1950's, nearly every child developed measles, and unfortunately, some even died from this serious disease. Today, many practicing physicians have never seen a case of measles.
- Routine childhood immunization in one birth cohort prevents about 20 million cases of disease and about 42,000 deaths. It also saves about \$13.5 billion in direct costs.
- The National Immunization Survey has consistently shown that childhood immunization rates for vaccines routinely recommended for children remain at or near record levels.

It's easy to think of these as diseases of the past. But the truth is they still exist. Children in the United States can—and do—still get some of these diseases. One example of the seriousness of vaccine preventable diseases is an increase in measles cases or outbreaks that were reported in 2014. The United States experienced a record number of measles cases, with 667 cases from 27 states reported to CDC. This was the greatest number of cases in the U.S. since measles was eliminated in 2000.







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